



The

SUPERSONICS BUZZ

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Calbayog Supersonics, pasado sa RSAC

ni: Rina Aboganda



Abril 22, 2023, Palo National High School-Tiyak na makapaglalaro na ang Calbayog Supersonics para sa EVRAA 2023. Ito ay matapos mapanagumpayan ang isinagawang screening na pinangunahan ng 26 na Regional Screening and Accreditation Committee (RSAC) na pinamunuan ni Heracleo Juba kasama si Dr. Rene Surio.

Ito ay isinagawa para masuri ang kredibilidad at pagkamakatotoo ng atleta mismo at ng mga dokumentong ipinasa.

Maaga pa lang ay naghanda na ang Calbayog Supersonics. Masaya silang nakalinya sa kani-kanilang hanay, suot ang napakagandang uniporme. Taas-noo rin nilang sinalubong ang RSAC, gamit ang

kanilang yell, ang "Ato, Gios, Shine Calbayog!"

Samantala, nagbahagi naman ng maikling mensahe si Sir Sherwin Josh T. Lim, EPS-Math at miyembro ng RSAC na mula sa Calbayog, ani niya, "Magagaling ang ating mga RSAC.

Dagdag pa niya, "Well-trained iyan sila, kaya walang makaliligtas".

Naging matagumpay naman ang resulta ng screening at siguradong patuloy na lalaban at sisigaw ang mga atleta sampu ng kanilang tagapagsanay at ng buong delegasyon ng "Ato, Gios, Shine Calbayog!" ngayong magsisimula na ang totoong laban sa Abril 25-27.



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PNHS Excitedly Welcomes Calbayog City Delegation for EVRAA Meet

by Lora C. Puenteblanca



The halls of Palo National High School are abuzz with anticipation as the school gears up to welcome the Calbayog City delegation. The school is chosen to be the billeting school and both students and staff are eagerly preparing to showcase their hospitality.

The delegation, consisting of athletes from Calbayog City Division has arrived yesterday for a week-long event that includes multiple sports such as basketball, volleyball, track and field, soccer and etc.. The delegation represents a diverse group of schools from the entire division and the event promises to be a celebration of athleticism and camaraderie.

The excitement is palpable among the PNHS community. Principal Betsy Grace V. Navarrete expressed her enthusiasm, saying, "We are honored to be chosen as the host school for this prestigious event. It's a fantastic opportunity for our school to be a host to such big schools from the division.

Preparations are in full swing as the school's faculty and staff eagerly await for the arrival of the guest delegation. The Drum Corps members are hitting the court with renewed vigor, the student ushers and usherettes wore a ready smile for everyone as they lead our way to our quarters.

In addition to the warm hearted faculty and

staff was the school's student body getting involved in various ways such as creating the colorful banners and flags bearing our division colors- yellow and purple. Beyond the competitive aspect, the event is also an opportunity for cultural exchange and friendships.

As the event draws near, the excitement at Palo National High School continues to build. The school is proud to serve as a gracious host, providing a warm welcome and a memorable experience for the visiting sports delegation. The event promises to be a showcase of athleticism, sportsmanship, and camaraderie, and PNHS is eagerly counting down the days until the competition begins.

Calbayog City Supersonics ready for EVRAA Meet 2023

by Carlo A. Doinog



PALO, LEYTE- Before the four-day 2023 Eastern Visayas Regional Athletic Association (EVRAA) Meet, the Calbayog City Supersonics sagaciously prepared for the said competition, which is marked as the return of face-to-face sporting events after a two-year hiatus due to covid-19 pandemic.

Dr. Moises Labian Jr, the SDS of Calbayog City Division and Mayor Monmon Uy, together with the entire workforce of Calbayog City Division and LGU Calbayog joined forces to make Calbayog City Supersonics equipped with necessary skills and values to bring home the trophies. Form the much needed concentration trainings last April 9 - 19, 2023 to the pre-event

groundworks like the Special Event committee, Food committee, and Athletic Management to make sure everything is all set.

The young athletes are proud to wear the purple and yellow armor and represent the Supersonics with all zeal and vigor as they shout Ato! Gios! Shine Coolbayog!

