



Republic of the Philippines
Department of Education
REGION VIII
SCHOOLS DIVISION OF CALBAYOG CITY

July 29, 2025

DIVISION MEMORANDUM

No. 379, s. 2025

**AWARENESS AGAINST HAND, FOOT AND MOUTH DISEASE AND
SUBMISSION OF REPORTED CASES**

TO: Assistant Schools Division Superintendent
Chief (CID & SGOD)
Education Program Supervisor
Public Schools District Supervisors
Public Elementary and Secondary School Heads
All Others Concerned

1. With reference to Regional Memorandum No. 851 s. 2025 as attached issues this memorandum to promote awareness and encourage official, personnel, and to the learners to take proactive measure and self protection efforts against the spread of Hand, Foot and Mouth Disease (HFMD).
2. Per Regional Memorandum No. 851 s. 2025, Schools Division Office are requested to monitor and validate suspected cases of HFMD thus Health and Nutrition Section of Schools Division Office of Calbayog City request all schools to submit a report of any cases of Hand, Foot and Mouth Disease in your school indicating the number of cases (if any), name of affected school, age group affected, date of onset, action taken, and coordination with local health unit and to submit weekly update every Friday until further notice. For schools with no reported cases, **NO CASE** report must still be submitted to ensure completeness of monitoring
3. Attached is a copy of the Memorandum and DOH-EVCHD Advisory for reference.
4. Your cooperation in ensuring the health and safety of our learners and personnel is highly appreciated.
5. Immediate dissemination of and strict compliance with this memorandum are desired.

MARGARITO A. CADAYONA JR. PhD., CESO VI
OIC- Schools Division Superintendent

For the Schools Division Superintendent



Rhea P. Aguado
ATTY. RHEA P. AGUADO
Teacher III
OIC - Legal Service Unit
S.O. # 56 s. 2025



MAHALAGANG PAALALA KONTRA HAND, FOOT, AND MOUTH DISEASE (HFMD)

Sa gitna ng patuloy na pagtaas ng kaso ng *Hand, Foot, and Mouth Disease* (HFMD) sa rehiyon, muling pinapaalalahanan ng Department of Health Eastern Visayas Center for Health Development (DOH-EVCHD) ang publiko na magnatiling alerto, maalam, at responsable upang maprotektahan ang sarili, pamilya, at komunidad laban sa sakit na ito.

Ang HFMD ay isang nakakahawang viral disease na karaniwang nakakaapekto sa mga sanggol at kabataan. Bagama't kadalasang *mild, self-limiting*, at hindi nakakamatay, ito ay maaari pa ring magdulot ng seryosong komplikasyon tulad ng *meningitis, encephalitis*, at *polio-like paralysis* kung sakasakaling hindi maagapan.

Paano ito naihahawa:

Ang HFMD ay karaniwang naipapasa sa pamamagitan ng direktang pagdikit sa mga likido mula sa ilong, bibig, at laway o mga respiratory droplets o di kaya likido mula sa mga paltos o sugat ng taong may impeksyon. Maari rin itong makuha sa paggamit ng mga kontaminadong bagay tulad ng kubyertos, baso, laruan.

Mga karaniwang sintomas:

Lagnat, masakit na lalamunan, panghihina ng katawan o pagkabalisa, mapupulang butlig o singaw sa dila, ngalangala, o loob ng bibig, rashes sa palad, kamay, talampakan, at iba pang bahagi ng katawan, pagiging irritable ng mga sanggol at bata, at kawalan ng gana sa pagkain.

Paano ito maiiwasan:

- Ugaliin ang madalas at tamang paghuhugas ng kamay gamit ang tubig at sabon, o alcohol-based sanitizer.
- Iwasan ang pagbabahagi ng mga personal na bagay gaya ng kutsara, baso, twalya, at iba pang kagamitan.
- Linisin at i-disinfect ang mga kwarto, silid-aralan, mga kagamitan, at surfaces gamit ang karaniwang household disinfectants.
- Kumonsulta agad sa pinakamalapit na health center kung nakararamdam ng mga sintomas.
- Agad na i-isolate ang may sakit upang maiwasan ang pagkahawa sa iba.
- Siguraduhing mananatili sa bahay ang mga batang may sintomas hanggang sa sila ay ganap nang gumaling. Iwasang makihalubilo sa nakararami.

Sa karagdagang impormasyon at gabay, basahin ang DOH Department Memorandum No. 2022-0572 sa link na ito: <https://tinyurl.com/mumjz557>.

Maging mapanuri at responsable sa pagprotekta sa ating kalusugan. Sumubaybay sa mga opisyal na anunsyo mula sa DOH at sa lokal na pamahalaan. Sa sama-samang pag-iingat at pagkilos, mapipigilan natin ang pagkalat ng HFMD at mapapanatili natin ang kaligtasan ng ating mga komunidad.



Republic of the Philippines
Department of Education
REGION VIII - EASTERN VISAYAS

July 21, 2025

REGIONAL MEMORANDUM

No. **851** s. 2025

**AWARENESS AGAINST HAND, FOOT, AND MOUTH DISEASE
AND SUBMISSION OF REPORTED CASES**

To: Schools Division Superintendents
Medical Officers
All Others Concerned

1. With reference to Memorandum OM-OASOPS-2025-07-974 and Department of Health – Eastern Visayas Center for Health Development (DOH-EVCHD) Advisory No. 2025-026, this Office, through the Education Support Services – School Health and Nutrition Unit (ESSD-SHNU), issues this memorandum to promote awareness and encourage officials, personnel, and learners to take proactive measures and self-protection efforts against the spread of Hand, Foot, and Mouth Disease (HFMD) in the region.
2. Schools Division Offices are requested to monitor and validate suspected cases of HFMD and to submit weekly updates every **Friday** until further notice.
3. Attached is a copy of the Memorandum and DOH-EVCHD advisory for reference.
4. Immediate dissemination of and strict compliance with this Memorandum are desired.



EVELYN R. FETALVERO, CESO III
Regional Director

Enclosures: As stated

References: As stated

To be indicated in the Perpetual Index under the following subjects:

COORDINATION MEETING PHILHEALTH

ESSD-SHNU-EG



Republika ng Pilipinas
Department of Education

OFFICE OF THE ASSISTANT SECRETARY FOR OPERATIONS
BUREAU OF LEARNER SUPPORT SERVICES

School Health Division | School Sports Division | Youth Formation Division

DEPARTMENT OF EDUCATION
RECEIVED

RECORDS SECTION REGIONAL OFFICE NO. VIII

DATE: 7-16-25

TRACKING # 6810 TIME: 2:21

SIGNATURE: [Signature]

MEMORANDUM

OM-OASOPS-2025- 01 - 974

FOR : REGIONAL DIRECTORS
SCHOOLS DIVISION SUPERINTENDENTS
PRINCIPALS/SCHOOL HEADS/TEACHERS-IN-CHARGE
CONCERNED
ALL OTHER CONCERNED

OFFICE OF THE DIRECTOR III
Date and Time Received: 7/16 2:42
Signature: [Signature]

FROM : DR. JETER A. GALBAN
Assistant Secretary for Operations

SUBJECT : SUBMISSION OF REPORTED CASES OF HAND, FOOT, AND
MOUTH DISEASE (HFMD)

DATE : July 14, 2025

In light of recent health advisories and the potential increase in the incidence of **Hand, Foot, and Mouth Disease (HFMD)** in various parts of the country, this Office is calling for the immediate submission of reported HFMD cases, if any, from schools within your jurisdiction.

HFMD is a viral illness commonly affecting young children, characterized by fever, sore throat, and rashes or sores on the hands, feet, and mouth. It is highly contagious and can spread rapidly in school and community settings if not managed appropriately.

In this regard, all Schools Division Offices (SDOs) are requested to coordinate with school heads, school health personnel, and local health authorities to:

1. **Monitor and validate** any suspected or confirmed HFMD cases in schools.
2. **Submit a report** indicating the number of cases (if any), name of affected schools, age group affected, date of onset, actions taken, and coordination with local health units.

The initial submission is requested on or before **July 18, 2025**, with **weekly updates every Friday thereafter** until further notice. For schools or divisions with **no reported cases**, a **"No Case"** report must still be submitted to ensure completeness of monitoring.

For inquiries, you may contact the Bureau of Learner Support Services-School Health Division (BLSS-SHD), via email at blss.shd@deped.gov.ph.

Your cooperation in ensuring the health and safety of our learners and personnel is highly appreciated.

JUL 16 2025