



Republic of the Philippines
Department of Education
REGION VIII
SCHOOLS DIVISION OF CALBAYOG CITY

August 26, 2025

DIVISION MEMORANDUM

No. 408 S. 2025

SUBMISSION OF SCHOOL ENTRIES FOR THE NESTLÉ WELLNESS CAMPUS PROGRAM SY 2025-2026

TO : Asst. Schools Division Superintendent
SGOD and CID Chiefs
Education Program Supervisors
Public School District Supervisors
Elementary & Secondary School Heads
All others concerned

1. In reference to RM 902, s. 2025, and DM 372, s. 2025, relative to the implementation of the Nestlé Wellness Campus Program, the Division announces the schedule and deadline for the submission of requirements and entries for the said program:

ACTIVITY	DEADLINE/ DATE OF SUBMISSION
Submission of Registration Forms and Waivers	September 5, 2025
Submission of All Entries	September 26, 2025
Division Judging and Quality Assurance	September 29-October 3, 2025
Finalization of Entries	October 6-10, 2025
Uploading of Videos	October 13-15, 2025

2. Attached to this Memorandum are the **Registration Form, Mechanics, and Waiver**. These files may also be accessed and downloaded through the following link: https://bit.ly/NestleWC_Registration_Mechanics_Waiver.

3. All submissions must strictly adhere to the prescribed Division timeline to ensure quality and smooth conduct of the program. Hence, School Heads of all participating schools are directed to comply with the above schedule.

4. Should you need further information or clarification, you may coordinate with Ms. Carren Meryl A. Cabadsan, SEPS-SMN @09763427843.

5. Immediate dissemination of this Memorandum is likewise directed.



MARGARITO A. CADAYONA JR. PhD, CESO VI
Schools Division Superintendent

Enclosure: Registration Form, Mechanics, and Waiver



NESTLÉ WELLNESS CAMPUS INTER-SCHOOL COMPETITION REGISTRATION FORM and WAIVER

REGION: _____

DIVISION: _____

SCHOOL INFORMATION

Name of School: _____

Category: ☐ Grade School ☐ Junior High School

School Address: _____

By submitting this registration form we hereby:

1. Confirm our participation in the following competitions for the S.Y. 2025-2026 Nestlé Wellness Campus Program;

We are registering in the following competition/s (check all that applies):

- ☐ Nestlé Wellness Best Implementing School
- ☐ Nestlé Wellness Campus Sayaw Hataw Year 3 (*Signed Parent's Waiver Form Needed*)
- ☐ Sarap Sustansya Cook-Off (for Junior High School only) (*Signed Parent's Waiver Form Needed*)

*Note: Students participating in the competition should submit the signed Parent's Waiver Form.
The duly signed parental waiver form is attached to the registration form.
A separate parental waiver form should be submitted per contest.*

2. Understand the full mechanics and abide by the rules and regulation of the contest.
3. Agree to represent our Division in the Nestlé Wellness Campus Inter-region Competition
4. Certify that we have started the implementation of the Nestlé Wellness Campus program as a prerequisite to the contest.

Kindly indicate the date when you have started with the program implementation of the following activities:

- Wellness Campus Modules (Student and Parent Modules)

Start Date: _____

- Wellness Campus Dancercise

Start Date: _____

School Head / Representative's
Signature over Printed Name

Date Signed

Contact Number



NESTLÉ WELLNESS CAMPUS INTER-SCHOOL COMPETITION PAHINTULOT AT WAIVER PARA SA HATAW SAYAW COMPETITION

Ako, _____, isang mamamayang Pilipino, na nakatira sa
(pangalan ng magulang/tagapag-alaga)

_____, ay nagpapahayag:
(address)

1. Impormasyon ng Magulang/Tagapag-alaga

Ako ang magulang o tagapag-alaga ni _____, na lalahok sa
(pangalan ng bata)

Nestlé Wellness Campus Hataw Sayaw Competition na inorganisa ng GreatFil Team, Inc. para sa Nestlé Philippines, Inc. Ang kaganapang ito ay magaganap mula Hunyo 2025 hanggang Marso 2026.

2. Pahintulot para sa Pakikilahok

Ibinibigay ko ang aking pahintulot para sa aking anak na sumali sa lahat ng aktibidad ng kumpetisyon. Nauunawaan ko na ang mga detalye ng aktibidad ay ipinaliwanag nang malinaw sa akin at ako ay kusang loob na pumapayag na makilahok ang aking anak.

Naiintindihan ko rin na may karapatan ang Nestlé Philippines, Inc. upang baguhin ang mga mekaniks ng naaayon sa sitwasyon.

3. Pahayag sa Kalusugan

Kumpirmado kong ang aking anak ay malusog at may kakayahang makilahok, na walang kilalang medikal na isyu. Maaaring itigil ng mga tagapag-organisa ang pakikilahok ng aking anak kung sa tingin nila ay hindi ito ligtas.

4. Personal na Impormasyon

Nauunawaan ko na ang mga tagapag-organisa ay mangangalap ng personal na impormasyon ng aking anak para sa kumpirmasyon ng pakikilahok. Sumasang-ayon ako na ang Nestlé ay maaaring gumamit ng mga larawan at video ng aking anak sa media at iba pang promotional materials nang walang bayad. Naiintindihan ko na maaaring gamitin ng Nestlé Philippines, Inc. ang mga larawan at video ng aking anak para sa mga lehitimong layunin ng negosyo, tulad ng pagpapabuti ng mga serbisyo o komunikasyon.

Nauunawaan ko ang aking mga karapatan sa ilalim ng Data Privacy Act, kabilang ang karapatang ma-access at ituwid ang impormasyon ng aking anak, at ang iba pang mga karapatan ng may-ari ng personal na impormasyon ayon sa batas.

5. Waiver ng Pananagutan

Sumasang-ayon ako na ang Nestlé at ang mga tagapag-organisa ay hindi mananagot para sa anumang aksidente, pinsala, o pinsala na maaaring mangyari sa aking anak sa panahon ng pakikilahok sa aktibidad, kasama ang paglalakbay papunta at pabalik mula sa mga itinalagang lokasyon.

6. Kumpirmasyon

Kumpirmado kong nabasa at naunawaan ko ang dokumentong ito at nilagdaan ko ito nang kusa.

Nilagdaan sa _____ araw ng _____ 2025 sa _____.

Pangalan at Lagda ng Magulang/Tagapag-alaga

NESTLÉ WELLNESS CAMPUS INTER-SCHOOL COMPETITION PAHINTULOT AT WAIVER PARA SA SARAP SUSTANSYA COOK-OFF

Ako, _____, isang mamamayang Pilipino, na nakatira sa
(pangalan ng magulang/tagapag-alaga)

_____, ay nagpapahayag:
(address)

1. Impormasyon ng Magulang/Tagapag-alaga

Ako ang magulang o tagapag-alaga ni _____, na lalahok sa
(pangalan ng bata)

Nestlé Wellness Campus Sarap Sustansya Cook-Off Competition na inorganisa ng GreatFil Team, Inc. para sa Nestlé Philippines, Inc. Ang kaganapang ito ay magaganap mula Hunyo 2025 hanggang Marso 2026.

2. Pahintulot para sa Pakikilahok

Ibinibigay ko ang aking pahintulot para sa aking anak na sumali sa lahat ng aktibidad ng kumpetisyon, kasama ang anumang paglalakbay na inayos ng Nestlé Philippines, Inc. Nauunawaan ko na ang mga detalye ng aktibidad ay ipinaliwanag nang mallhaw sa akn at ako ay kusang loob na pumapayag na makilahok ang aking anak.

Naiintindihan ko rin na may karapatan ang Nestlé Philippines, Inc. upang baguhin ang mga mekaniks ng naaayon sa sitwasyon.

3. Pahayag sa Kalusugan

Kumpirmado kong ang aking anak ay malusog at may kakayahang makilahok, na walang kilalang medikal na isyu. Maaaring itigil ng mga tagapag-organisa ang pakikilahok ng aking anak kung sa tingin nila ay hindi ito ligtas.

4. Personal na Impormasyon

Nauunawaan ko na ang mga tagapag-organisa ay mangangalap ng personal na impormasyon ng aking anak para sa kumpirmasyon ng pakikilahok. Sumasang-ayon ako na ang Nestlé ay maaaring gumamit ng mga larawan at video ng aking anak sa media at iba pang promotional materials nang walang bayad. Naiintindihan ko na maaaring gamitin ng Nestlé Philippines, Inc. ang mga larawan at video ng aking anak para sa mga lehitimong layunin ng negosyo, tulad ng pagpapabuti ng mga serbisyo o komunikasyon.

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Nilagdaan sa _____ araw ng _____ 2025 sa _____.

Pangalan at Lagda ng Magulang/Tagapag-alaga



NESTLÉ WELLNESS CAMPUS INTER-SCHOOL COMPETITION REGISTRATION FORM and WAIVER

REGION: _____

DIVISION: _____

SCHOOL INFORMATION

Name of School: _____

Category: ☐ Grade School ☐ Junior High School

School Address: _____

By submitting this registration form we hereby:

1. Confirm our participation in the following competitions for the S.Y. 2025-2026 Nestlé Wellness Campus Program;

We are registering in the following competition/s (check all that applies):

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- ☐ Sarap Sustansya Cook-Off (for Junior High School only) *(Signed Parent's Waiver Form Needed)*

Note: Students participating in the competition should submit the signed Parent's Waiver Form.

The duly signed parental waiver form is attached to the registration form.

A separate parental waiver form should be submitted per contest.

2. Understand the full mechanics and abide by the rules and regulation of the contest.
3. Agree to represent our Division in the Nestlé Wellness Campus Inter-region Competition
4. Certify that we have started the implementation of the Nestlé Wellness Campus program as a prerequisite to the contest.

Kindly indicate the date when you have started with the program implementation of the following activities:

- Wellness Campus Modules (Student and Parent Modules)

Start Date: _____

- Wellness Campus Dancercise

Start Date: _____

School Head / Representative's
Signature over Printed Name

Date Signed

Contact Number



NESTLÉ WELLNESS CAMPUS INTER-SCHOOL COMPETITION PAHINTULOT AT WAIVER PARA SA HATAW SAYAW COMPETITION

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(pangalan ng magulang/tagapag-alaga)
_____, ay nagpapahayag:
(address)

1. Impormasyon ng Magulang/Tagapag-alaga

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(pangalan ng bata)

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2. Pahintulot para sa Pakikilahok

Ibinibigay ko ang aking pahintulot para sa aking anak na sumali sa lahat ng aktibidad ng kumpetisyon. Nauunawaan ko na ang mga detalye ng aktibidad ay ipinaliwanag nang malinaw sa akin at ako ay kusang loob na pumapayag na makilahok ang aking anak.

Naiintindihan ko rin na may karapatan ang Nestlé Philippines, Inc. upang baguhin ang mga mekaniks ng naaayon sa sitwasyon.

3. Pahayag sa Kalusugan

Kumpirmado kong ang aking anak ay malusog at may kakayahang makilahok, na walang kilalang medikal na isyu. Maaaring itigil ng mga tagapag-organisa ang pakikilahok ng aking anak kung sa tingin nila ay hindi ito ligtas.

4. Personal na Impormasyon

Nauunawaan ko na ang mga tagapag-organisa ay mangangalap ng personal na impormasyon ng aking anak para sa kumpirmasyon ng pakikilahok. Sumasang-ayon ako na ang Nestlé ay maaaring gumamit ng mga larawan at video ng aking anak sa media at iba pang promotional materials nang walang bayad. Naiintindihan ko na maaaring gamitin ng Nestlé Philippines, Inc. ang mga larawan at video ng aking anak para sa mga lehitimong layunin ng negosyo, tulad ng pagpapabuti ng mga serbisyo o komunikasyon.

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5. Waiver ng Pananagutan

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6. Kumpirmasyon

Kumpirmado kong nabasa at naunawaan ko ang dokumentong ito at nilagdaan ko ito nang kusa.

Nilagdaan sa _____ araw ng _____ 2025 sa _____.

Pangalan at Lagda ng Magulang/Tagapag-alaga



NESTLÉ WELLNESS CAMPUS INTER-SCHOOL COMPETITION PAHINTULOT AT WAIVER PARA SA SARAP SUSTANSYA COOK-OFF

Ako, _____, isang mamamayang Pilipino, na nakatira sa
(pangalan ng magulang/tagapag-alaga)
_____, ay nagpapahayag:
(address)

1. Impormasyon ng Magulang/Tagapag-alaga

Ako ang magulang o tagapag-alaga ni _____, na lalahok sa
(pangalan ng bata)

Nestlé Wellness Campus Sarap Sustansya Cook-Off Competition na inorganisa ng GreatFil Team, Inc. para sa Nestlé Philippines, Inc. Ang kaganapang ito ay magaganap mula Hunyo 2025 hanggang Marso 2026.

2. Pahintulot para sa Pakikilahok

Ibinibigay ko ang aking pahintulot para sa aking anak na sumali sa lahat ng aktibidad ng kumpetisyon, kasama ang anumang paglalakbay na inayos ng Nestlé Philippines, Inc. Nauunawaan ko na ang mga detalye ng aktibidad ay ipinaliwanag nang malinaw sa akin at ako ay kusang loob na pumapayag na makilahok ang aking anak.

Naiintindihan ko rin na may karapatan ang Nestlé Philippines, Inc. upang baguhin ang mga mekaniks ng naaayon sa sitwasyon.

3. Pahayag sa Kalusugan

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4. Personal na Impormasyon

Nauunawaan ko na ang mga tagapag-organisa ay mangangalap ng personal na impormasyon ng aking anak para sa kumpirmasyon ng pakikilahok. Sumasang-ayon ako na ang Nestlé ay maaaring gumamit ng mga larawan at video ng aking anak sa media at iba pang promotional materials nang walang bayad. Naiintindihan ko na maaaring gamitin ng Nestlé Philippines, Inc. ang mga larawan at video ng aking anak para sa mga lehitimong layunin ng negosyo, tulad ng pagpapabuti ng mga serbisyo o komunikasyon.

Nauunawaan ko ang aking mga karapatan sa ilalim ng Data Privacy Act, kabilang ang karapatang ma-access at ituwid ang impormasyon ng aking anak, at ang iba pang mga karapatan ng may-ari ng personal na impormasyon ayon sa batas.

5. Walver ng Pananagutan

Sumasang-ayon ako na ang Nestlé at ang mga tagapag-organisa ay hindi mananagot para sa anumang aksidente, pinsala, o pinsala na maaaring mangyari sa aking anak sa panahon ng pakikilahok sa aktibidad, kasama ang paglalakbay papunta at pabalik mula sa mga itinalagang lokasyon.

6. Kumpirmasyon

Kumpirmado kong nabasa at naunawaan ko ang dokumentong ito at nilagdaan ko ito nang kusa.

Nilagdaan sa _____ araw ng _____ 2025 sa _____.

Pangalan at Lagda ng Magulang/Tagapag-alaga



S.Y. 2025-2026 NESTLÉ WELLNESS CAMPUS DANCE MASTERS COMPETITION (FOR TEACHING AND NON-TEACHING PERSONNEL) June 16, 2025 to March 30, 2026

OBJECTIVES

Nestlé Wellness Campus Dance Masters Competition aims to showcase the skills and talent in modern dance of teaching and non-teaching personnel using the official Nestlé Wellness Campus (NWC) dancercise music. The competition also aims to encourage teamwork and camaraderie in a school division.

ELIGIBILITY AND SCOPE OF THE CONTEST

The contest is open to teaching and non-teaching personnel in all public elementary schools and junior high schools in the nine (9) participating regions, namely: National Capital Region, CALABARZON, Bicol, Western Visayas, Negros Island Region, Central Visayas, Eastern Visayas, Northern Mindanao, Davao Region

MECHANICS

1. All participating Schools Division may get a copy of the dancercise music ("Tara! Sama-Sama sa Wellness") directly from the GreatFil Team, Inc. (GTI) Wellness Ambassadors in the region.
2. Only the official NWC S.Y. 2025-2026 dancercise music will be used in the competition.
3. Registration and Participation Guidelines:
 - a. To join the competition, interested Schools Division Offices (SDO) must submit a completed registration form, duly signed by the Schools Division Superintendent.
 - b. Only one (1) team is allowed to represent each Schools Division.
 - c. Teacher participants may come from both/either the Elementary and/or Junior High School level.
 - d. All participants must be teaching and/or non-teaching staff currently assigned in public schools within the division and/or the SDO.
 - e. Only teams that meet these criteria and submit the properly endorsed form will be officially registered for the competition.
4. A team will be composed of twenty-five (25) participants, no more, no less. There shall be one (1) teacher-coach. Only the twenty-five performers must be seen in the video. A Schools Division is allowed to submit one (1) video entry only.
5. Participating schools division shall submit a video of their dance performance. The duration of the video must confer with the duration of the official dancercise music. The performers shall dance using their own interpretation, steps, choreography, and style.
6. The following are strictly prohibited and subject for disqualification:
 - a. Pyramid building, stunt, and throwing
 - b. Movements that are presented/considered as lewd, sexually explicit, and/ or deemed inappropriate.
 - c. Other dangerous movements
 - d. Human props
 - e. Video editing and cuts
 - f. Use of other music
7. Entrance and exit are optional but should be within the duration of the dancercise music. Attire and props are highly encouraged.
8. Video entries submitted must comply with the following requirements:
 - a. Video must be taken within the school premises.
 - b. Dance video must be shot horizontally (landscape mode).
 - c. Video resolution must be clear and must be captured in HD or 720P.
 - d. Video should cover the totality of the dance performance of the 25 performers (performers' movements, routines, choreography, and others)
 - e. The camera should be steady from the beginning up to end of the performance. Video editing and cuts are not allowed.
 - f. Video recording must be done from the beginning up to the end of the performance.
 - g. No other individuals are allowed in the video except the performers.
 - h. No unnecessary or extraneous noises, comments and effects must be heard from the video.
 - i. Video submissions should have synchronized audio overlay (NWC dancercise music) to ensure clear sound quality
 - j. Non-compliance with the video and audio requirements will merit deduction.



DANCE MASTERS COMPETITION

S. Y. 2025-2026 NESTLÉ WELLNESS CAMPUS DANCE MASTERS COMPETITION (FOR TEACHING AND NON-TEACHING PERSONNEL) June 16, 2025 to March 30, 2026

9. All submitted video entries will undergo initial screening to ensure compliance with the official contest mechanics. Only entries that meet the required guidelines will be deemed qualified and will advance to the National Level competition, which will be conducted through an online voting platform.
10. Qualified video entries, will be uploaded to the NWC Facebook group (<https://www.facebook.com/groups/nestlewellnesshomeroom>), allowing the public to provide their reactions. The top three (3) videos with the highest number of reactions in each category will be selected as the winners.
11. Schools Division teams that qualify are required to provide the following details, which will be included as captions in the Facebook Group post:
 - Name of the Team
 - Region
 - Division
 - School Name
 - #unique hashtag
12. Any reaction to the video entry, such as likes, hearts, cares, wows, etc., will be counted as one. Comments will not be counted. GTI will announce the voting period in coordination with the Division Focal Person.
13. Contestants and their supporters are strongly encouraged to invite members to join the Facebook Group and provide reactions to their entries. Only adults aged 18 and above are eligible to join the Facebook Group.

PRIZES

Champion	Php 50,000
First Runner Up	Php 30,000
Second Runner Up	Php 10,000

14. The decision of the judges is final and not subject to any protests or appeal.
15. Nestlé Philippines, Inc. (NPI)/GTI shall have the absolute right to change the mechanics as need arises to ensure the successful and orderly implementation of the Program upon prior notice to participants.
16. NPI reserves the right to publish and/or broadcast the winners' name, photo or likeness, and video submission/entry, for advertising and publicity purposes without monetary compensation.



HATAW SAYAW

DANCE COMPETITION
YEAR 3

S.Y. 2025-2026 NESTLÉ WELLNESS CAMPUS HATAW SAYAW YEAR 3 DANCE COMPETITION

(FOR STUDENTS)

DURATION: June 16, 2025 – March 30, 2026

OBJECTIVES

Nestlé Wellness Campus Dance competition aims to showcase the student's skills and talent in modern dance using the official Nestlé Wellness Campus (NWC) dancercise music. The competition also aims to encourage teamwork and camaraderie among the students, teachers, and parents.

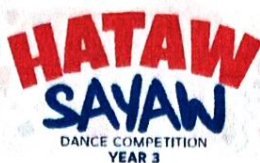
ELIGIBILITY AND SCOPE OF THE CONTEST

The contest is open to students in all public elementary schools and junior high schools in the nine (9) participating regions, namely: National Capital Region, CALABARZON, Bicol, Western Visayas, Negros Island Region, Central Visayas, Eastern Visayas, Northern Mindanao, Davao Region

MECHANICS

1. All participating schools may get a copy of the dancercise music ("Taral Sama-Sama sa Wellness") directly from the GreatFil Team, Inc. (GTI) Wellness Ambassadors in the region.
2. Only the official NWC S.Y. 2025-2026 dancercise music will be used in the competition.
3. The competitions will be composed of two categories:
 - a. Elementary School (ES) Category
 - b. Junior High School (JHS) Category
4. To join, interested public schools must submit a registration form, signed by the school head, and waiver for the student participants duly signed by the parent or legal guardian. Only one team should represent the school.
5. A team will be composed of a minimum of Forty-Seven (47) students and a maximum of Fifty (50) students. There shall only be two (2) teacher-coaches. Only the student performers must be seen in the video. A school is allowed to submit one (1) video entry per category.
6. Participating schools shall submit a video of their dance performance. The duration of the video must confer with the duration of the official dancercise music. The performers shall dance using their own interpretation, steps, choreography, and style.
7. The following are strictly prohibited and subject for disqualification:
 - a. Pyramid building, stunt, and throwing
 - b. Movements that are presented/considered as lewd, sexually explicit, and/or deemed inappropriate.
 - c. Other dangerous movements
 - d. Human props
 - e. Video editing and cuts
 - f. Use of other music
8. Entrance and exit are optional but should be within the duration of the dancercise music. Attire and props are highly encouraged.
9. Video entries submitted must comply with the following requirements:
 - a. Video must be taken within the school premises.
 - b. Dance video must be shot horizontally (landscape mode).
 - c. Video resolution must be clear and must be captured in HD or 720P.
 - d. Video should cover the totality of the dance performance of the 47-50 performers (performers' movements, routines, choreography, and others)
 - e. The camera should be steady from the beginning up to end of the performance. Video editing and cuts are not allowed.
 - f. Video recording must be done from the beginning up to the end of the performance.
 - g. No other individuals are allowed in the video except the performers.
 - h. No unnecessary or extraneous noises, comments and effects must be heard from the video.
 - i. Video submissions should have synchronized audio overlay (NWC dancercise music) to ensure clear sound quality
 - j. Non-compliance with the video and audio requirements will merit deduction.
10. The winning video entries at the Division Level (one from the Elementary School category and one from the Junior High School category) will advance to the Regional competition.

In addition, all Division Level winning videos will automatically qualify for the People's Choice Category, where they will compete for online votes at the National level.
11. The regional winners will officially represent their respective regions in the National Level Competition. They will also be given the opportunity to enhance or remake their video entry to meet national standards before final submission for the National Level judging.



S.Y. 2025-2026 NESTLÉ WELLNESS CAMPUS HATAW SAYAW YEAR 3 DANCE COMPETITION (FOR STUDENTS)

DURATION: June 16, 2025 – March 30, 2026

Criteria for Judging

The following judging criteria will be used to determine the winners in the Division, Regional, and National Level competition:

1. Technique and execution	Precision, control, and mastery of dance movements	20%
2. Musicality and Timing	Interpretation and synchronization of movement with the music	20%
3. Choreography and Creativity	Formations, expressions, artistic expression	25%
4. Props and Costume	Visual appeal of costumes and props	15%
5. Video Quality	Clarity, stability, sound quality	10%
TOTAL:		100%

12. **People's Choice:** There will be a People's Choice Award category. All winning entries at the Division Level will be uploaded to the NWC Homeroom FB page (facebook.com/groups/nestlewellnesshomeroom), allowing the public to provide their reactions. The top five (5) videos with the highest number of reactions in each category will be selected as the People's Choice winners.

Schools are required to provide the following details, which will be included as captions in the Facebook Group post:

- Name of the Team
- Region
- Division
- School Name
- #unique hashtag

Any reaction to the video entry, such as likes, hearts, cares, wows, etc., will be counted as one. Comments will not be counted. GTI will announce the voting period in coordination with the Division Focal Person.

Contestants and their supporters are strongly encouraged to invite members to join the Facebook Group and provide reactions to their entries. Only adults aged 18 and above are eligible to join the Facebook Group.

PRIZES

Each winner in the Elementary School and Junior High School will receive a prize package of their choice based on the total amount won. Prizes will be as follows:

Dance Showdown

I. Division Level	II. Regional Level	III. National Level
Php 5,000 + plaque of recognition	Php 50,000 + plaque of recognition	<div>Champion</div> <div>First Runner Up</div> <div>Second Runner Up</div> <div>Php 100,000 + plaque of recognition</div> <div>Php 50,000 + plaque of recognition</div> <div>Php 30,000 + plaque of recognition</div>

Peoples Choice Award

I. Elementary School Category	II. Junior High School Category
<div>Champion</div> <div>First Runner Up</div> <div>Second Runner Up</div> <div>First Runner Up</div> <div>Second Runner Up</div>	<div>Champion</div> <div>First Runner Up</div> <div>Second Runner Up</div> <div>First Runner Up</div> <div>Second Runner Up</div>
<div>Php 100,000</div> <div>Php 50,000</div> <div>Php 35,000</div> <div>Php 20,000</div> <div>Php 10,000</div>	<div>Php 100,000</div> <div>Php 50,000</div> <div>Php 35,000</div> <div>Php 20,000</div> <div>Php 10,000</div>

13. The decision of the judges is final and not subject to any protests or appeal.

14. NPI/GTI shall have the absolute right to change the mechanics as need arises to ensure the successful and orderly implementation of the Program upon prior notice to participants.

15. NPI reserves the right to publish and/or broadcast the winners' name, photo or likeness, and video submission/entry, for advertising and publicity purposes without monetary compensation.



S.Y. 2025-2026 NESTLÉ WELLNESS CAMPUS SARAP SUSTANSYA COOK-OFF COMPETITION

June 16, 2025 to March 30, 2026

DESCRIPTION

The Sarap Sustansya Cook-Off is an inter-school competition that advocates the goodness of homemade cooking and the consumption of delicious and nutritious food.

QUALIFICATION

The contest is open to all public Junior High Schools in the nine (9) participating regions, namely: National Capital Region, CALABARZON, Bicol, Western Visayas, Negros Island Region, Central Visayas, Eastern Visayas, Northern Mindanao, Davao Region. A school team must be composed of three (3) students and one (1) teacher-coach from the school. Only the students shall prepare and cook the recipes, with the presence and guidance of the teacher-coach.

MECHANICS

- There will be three levels of competition: Division, Regional, and National Level.
- Interested public schools must submit a registration form, which should be signed by the official school representative or school head, along with a waiver signed by the parent or legal guardian. Each school should be represented by only one team.
- This year, the division and regional levels of the competition will be about bringing out the most favorite home recipes.
- In the division and regional levels of the competition qualified entries must meet
 - One (1) video featuring a dish that represents Sarap Sustansya.
 - Maximum cost of the dish is Php 500.00 including dessert and good for four (4) persons only.
 - Participants will shoulder the cost of their recipes.

A qualified video entry must include the following:

- A 1-minute testimonial from students, highlighting the modules and learnings from the selected MAGGI videos available on YouTube through this link: <https://bit.ly/SarapSustansya>
 - A 1-minute segment showcasing the harvest of ingredients from the school's Gulayan sa Paaralan which will be used in the team's recipe.
 - The remaining 5 minutes should feature the students' actual cooking and plating, along with their narrative explaining why their dish is both delicious and balanced.
- During the actual cooking, wearing of chef uniform is not allowed. Students shall wear aprons. Only the students shall be visible in the video.
 - Submission of video entries will be based on a deadline set in coordination with the DepEd Division Focal Person.
 - Winners of the division competition will have two opportunities to advance:
 - National Face-to-Face Cook-Off Showdown
 - People's Choice Competition
 - In the National Face-to-Face Cook-Off Showdown, winning video entries from the Division Level will automatically qualify for the regional competition. Regional winners will then represent their regions in the national face-to-face showdown, where contestants will simultaneously cook their recipe and demonstrate their cooking skills in front of a panel of judges.
 - In the People's Choice Competition, all division-winning videos will be uploaded simultaneously in the MAGGI YouTube page for online voting. The voting period will be announced, and the video with the most likes will be declared the winner.

CRITERIA - Division and Regional Level

1. Sarap Sustansya	Is the dish tasty and balanced? Do the ingredients complement each other? Does it use healthier ingredients and cooking methods?	40%
2. Appearance and Palatability	Does it entice the whole family especially the children to eat tasty and balanced meals? Does it have a variety of colors? Does it look palatable?	20%
3. Food Safety	Did they follow basic food safety procedures while preparing? Is the working area clean? Are tools and equipment properly used?	15%
4. Accessibility of Ingredients	Are the selected ingredients easily accessible? Is the final recipe within budget? Is it sufficient to serve a family of four? Are any of the ingredients harvested from the Gulayan sa Paaralan?	15%
4. Video format* & Organization	Does the video have high-quality visuals? Does it have clear narration and presentation? Does the video fall within the required time limit?	10%
TOTAL:		100%

CRITERIA - National Level

1. Sarap Sustansya	Is the dish tasty and balanced? Do the ingredients complement each other? Does it use healthier ingredients and cooking methods?	40%
2. Execution	Did the participants demonstrate proficiency during preparation and cooking? Did the team successfully accomplish the recipe? Did the dish come together? Was the dish prepared on time?	30%
3. Appearance	Does it entice the whole family especially the children to eat sarap-sustansya dish? Does it look appetizing and tastefully pleasing to the eyes? Does it have a variety of colors? Does it look palatable?	10%
4. Cleanliness and Food Safety	Was the area set up properly? Did the participants wear the prescribed attire? Did they follow basic food safety procedures while preparing? Is the working area clean after the live cooking? Are tools and equipment properly used?	10%
4. Affordability and Accessibility of Ingredients	Is the recipe affordable? Are ingredients used in the dish readily available? Is the final recipe within the budget? Is the number of servings good enough to serve a family of four?	10%
TOTAL:		100%



S.Y. 2025-2026 NESTLÉ WELLNESS CAMPUS SARAP SUSTANSYA COOK-OFF COMPETITION June 16, 2025 to March 30, 2026

- The theme for the National Cook-Off showdown will be announced on a prior date. Teams must submit a written recipe in English.
- The date for recipe submission will be coordinated with the regional representatives accordingly. Ingredients and all the needed cooking utensils and equipment will be coordinated by GreatFil Team, Inc. (GTI) to ensure it will be made available on the actual competition day. Ingredients will be sourced out by the team in coordination with the GTI representative.
- Each team will be given one hour and 30 minutes to prepare and cook their recipes for the student's actual cooking and plating.
- Entries at all levels of the competition must feature dishes using Nestlé-MAGGI products.
- No substitution of Nestlé-MAGGI products shall be allowed. Teams shall use at least 1 Nestlé product, but there should be no mention and endorsement of the specific Nestlé products during actual food preparation.
- The national competition will provide memorable learning experiences for the national finalists as there will be a mentorship session on Day 1 and the actual cooking competition on Day 2. All national finalists with their coaches will travel to the competition venue and their travel, food, and accommodation expenses will be covered by Nestlé Philippines, Inc. (NPI) through GTI.
- In cases that other DepEd key personnel such as school head, EPS, Chiefs, ASDS, SDS and others would want to attend/witness the competition, their travel, accommodation, food, and other related expenses shall be charged to their local funds and/or any available funds subject to the approval of the office of Schools Division Superintendent or Regional Director.
- A panel of judges for each level of the contest will be identified by DepEd in coordination with GTI and NPI.
- NPI reserves the right to publish and/or broadcast the winners' name, photo or likeness, and video submission/entry, for advertising and publicity purposes without monetary compensation.

PRIZES

Winners will receive the following prize packages:

Cook-Off Showdown

I. Division Level

Php 5,000 +
plaque of recognition

II. Regional Level

Php 50,000 +
plaque of recognition

III. National Level

Champion
1st Runner-Up
2nd Runner-Up

Php 75,000 + plaque of recognition
Php 60,000 + plaque of recognition
Php 50,000 + plaque of recognition

People's Choice Award

Champion
1st Runner-Up
2nd Runner-Up

Php 50,000 + plaque of recognition
Php 30,000 + plaque of recognition
Php 20,000 + plaque of recognition

Prize Packages: The winners may select from among the items listed below. The quantity of items will depend on the value of the corresponding prize package won.

a. Cooking Range
b. Refrigerator

c. Food Processor
d. Mixer

c. Microwave Oven
d. Cooking tools/ equipment

- The Prize will be delivered to the winning school's address as provided in the registration form. NPI, through GTI, will shoulder the delivery cost of the Prize. It will be delivered to the school on a date scheduled and agreed upon with GTI, or within 60 days from the end of the competition.
- By receiving the Prize, the participants attest that they have read and understood the full Activity mechanics and agree to abide by the terms and conditions.
- NPI/GTI shall have the absolute right to change the mechanics to ensure the successful and orderly implementation of the Program upon prior notice to participants.



S.Y. 2025-2026 NESTLÉ WELLNESS CAMPUS PROGRAM BEST IMPLEMENTING SCHOOL COMPETITION DURATION: June 16, 2025 - March 30, 2026

DESCRIPTION

The Nestlé Wellness Campus Best Implementing School Competition aims to encourage schools to design and implement unique and impactful wellness initiatives that promote healthier actions and improve food and nutrition habits among students, families, and the broader school community.

COVERAGE

The contest is open to public Elementary schools and Junior High schools in the nine (9) participating regions, namely: National Capital Region, CALABARZON, Bicol, Western Visayas, Negros Island Region, Central Visayas, Eastern Visayas, Northern Mindanao, Davao Region

MECHANICS

- The competition will have two categories, namely:
A. Elementary School (ES) Category B. Junior High School (JHS) Category
- Interested schools must fill out a registration form to confirm their participation. There will be three levels of competition: Division, Regional, and National Level.
- To join the competition, schools must submit a portfolio that details the school's wellness activities and initiatives. It must show the school's efforts in promoting healthier actions and improving food and nutrition habits of families, which aligns with the objectives of the Nestlé Wellness Campus Program (NWCP).
- A qualified school portfolio must be composed of a 50-slide PowerPoint presentation (which already includes the opening and closing slides) no more, no less. Please refer to Page 2 for PowerPoint guidelines.
- GreatFil Team, Inc. (GTI) and the DepEd Division Supervisor will agree on the deadline of the submission of the presentation and the date of judging. The division focal person, with the GTI representatives, will judge and select the division winners. All winning division entries will move up to the regional level competition.
- In the regional level competition, the GTI and Nestlé Philippines, Inc. (NPI) in coordination with the DepEd regional focal person will serve as the judges to select the winning entries that will move up to the national level competition.
- At the National Level, all Regional Winners will represent their respective region in the Face-to-Face National Competition. The competition will be judged by a selected panel of national judges appointed by NPI and/or GTI. The winning school shall provide a venue/place that is enough to accommodate the audience an area where outputs and other means of verifications (MOVs) can be displayed.

PRIZES

Each winner in the Elementary School and Junior High School will receive a prize package of their choice based on the total amount won. Prizes will be as follows:

- | | |
|------------------------------|--|
| I. Division Winners | Php 5,000 + plaque of recognition |
| II. Regional Winners | Php 50,000 + plaque of recognition |
| III. National Winners | |
| National Champion | Php 150,000 + plaque of recognition |
| First Runner Up | Php 100,000 + plaque of recognition |
| Second Runner Up | Php 75,000 + plaque of recognition |

Prize Packages: The winners may select among the items listed below. The quantity of items will depend on the amount of the prize won:

- | | |
|-----------------------|--|
| a. 50" Flat Screen TV | d. Projector |
| b. Sound System | e. Canteen equipment |
| c. Laptop | (Crathco beverage dispensers) and Nestlé products |
| | f. Other items that will help promote nutrition, health and wellness |

- Awarding of prizes will be done in schools or in the DepEd Regional Offices.
- NPI/GTI shall have the absolute right to modify or change the mechanics (as the need arises) to ensure the successful and orderly implementation of the Program upon prior notice to participants.

Levels of Competition

I. Division Level	Winners will represent the division to the regional level	a. ES - Winner b. JHS - Winner
II. Regional Level	Winners will be chosen from the division champions	a. ES - Winner b. JHS - Winner
III. National Level	Winners will be chosen from the regional winners	a. ES - Champion - First Runner-up - Second Runner-up b. JHS - Champion - First Runner-up - Second Runner-up

CRITERIA - Division and Regional Level

1. Content	Quality and relevance of wellness activities	20%
2. Creativity	Originality and innovation of activities	20%
3. Effectiveness	Impact of initiatives, in relation to NWCP objective	30%
4. Stakeholder Engagement	Effective engagement of stakeholders and partners	20%
5. Monitoring & Evaluation	Effective engagement of stakeholders and partners	10%
TOTAL:		100%

CRITERIA - National Level

1. Quality and Impact of Wellness Initiatives	Relevance to the 7 Healthy Habits (KS-1 and KS-2) Creativity and innovation in program implementation Documented outputs/outcome or positive behavioral changes observed	40%
2. Authenticity of outputs and other means of verification (MOVs)	Relevance of outputs Quality of MOVs Credibility and validity of the MOVs to substantiate the initiatives	30%
3. Ability to Present and Explain Initiatives	Confidence and clarity in presenting the school's programs Demonstrated understanding of the objectives of each initiative Engagement and interaction with visitors and judges Use of data, testimonials, or documentation to support claims	20%
4. Teamwork and Community Involvement	Participation of teachers, and engagement of stakeholders Evidence of collaboration within the school and community Inclusivity and student leadership in implementation	10%
TOTAL:		100%

S.Y. 2025-2026 NESTLÉ WELLNESS CAMPUS PROGRAM BEST IMPLEMENTING SCHOOL COMPETITION DURATION: June 16, 2025 – March 30, 2026

POWERPOINT PRESENTATION GUIDELINES

Slide 1: Title Slide

- Title: "School Entry for the NWCP Best Implementing School"
- Subtitle: "Empowering Healthier Communities"
- School Name & Date

Slides 2-3: Introduction

- Overview of NWCP implementation in the school
- Importance of the program in the school context

Slides 4-5: School Data

- Number of students, teachers, and parents
- Photos of the school environment

Slides 6-8: NWCP Launching Activities

- Photos and descriptions of the launch event
- Testimonials or feedback

Slides 9-14: Program Implementation

- Classroom activities and school-wide initiatives
- Adult/Parent modules activities
- At least 2 unique wellness activities aligned with NWCP modules

INITIATIVES (10-12 Slides)

Elementary:

Slides 15-26 - Key Stage 1: One Initiative on Basic food groups

Slides 27-38 - Key Stage 2: One Initiative on Exercise, Games, and Sports

INITIATIVES (cont.)

Junior High School

Slides 15-26 - Key Stage 1: One Initiative on Food Labels

Slides 27-38 - Key Stage 2: One Initiative on Adult Modules 2: On Reading Labels

Slides 38-40: Dancercise Sessions

- Photo documentation
- Effects on physical fitness and engagement

Slides 41-43: Stakeholder Partnerships

- LGU and partner engagement
- Testimonials or agreements

Slides 44-48: Monitoring and Evaluation

- Monitoring tools and methods
- Results, assessment, or learnings

Slides 49-50: Conclusion

- Highlights of success
- Future goals and call to action

STRUCTURE FOR PRESENTING EACH INITIATIVE - Recommended: Use about 10-12 slides per initiative

I. INITIATIVE TITLE & OVERVIEW

Slide 1: Initiative Title and Grade Level Focus (KS1, KS2, or KS3)

Slide 2: Brief Description / Objective

- What is the initiative about?
- Why was it chosen?
- What specific healthy action or habit does it promote?

II. PLANNING & DESIGN

Slide 3: Planning Process

- Who were involved? Teachers? Stakeholders?
- What steps were taken to design the initiative?

Slide 4: Integration into Curriculum or School Program

- How was the initiative embedded in regular classes or extracurricular activities?
- Link to NWCP modules or learning competencies

III. IMPLEMENTATION

Slides 5-6: Activity Execution

- Photos and descriptions of how the initiative was conducted
- Timeline, venue, participation level (students, parents, teachers)

Slide 7: Stakeholder Involvement

- How were teachers, parents, and other stakeholders engaged?
- Testimonials or quotes if available

IV. COMMUNITY SHARING / CASCADE

Slide 8: Transfer of Learning to the Community

- How did parents or stakeholders share the healthy habits with others?
- Evidence of replication or community-level actions

V. MONITORING & IMPACT

Slide 9: Monitoring Tools

- What tools/methods were used to track success? (e.g., surveys, feedback forms, photos, videos)

Slide 10: Results and Outcomes

- What behavior or mindset changes were observed?
- Measurable impact (if available) – e.g., increase in healthy food choices, higher physical activity levels

VI. REFLECTION & NEXT STEPS

Slide 11: Challenges and Learnings

- What worked well? What can be improved?

Slide 12: Sustainability Plan

- How will the school continue or scale the initiative?

Tips:

- Use consistent layout and labels for KS1 and KS2 initiatives.
- Place KS1 first, then follow with KS2, so the flow is logical and aligned with the learning stages.