



Republic of the Philippines
Department of Education
 REGION VIII
 SCHOOLS DIVISION OF CALBAYOG CITY

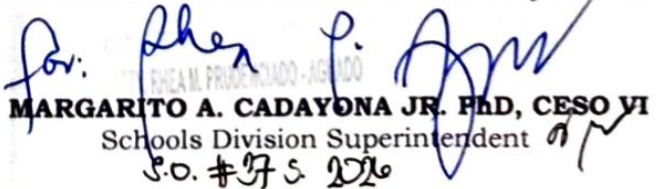
June 30, 2026

DIVISION MEMORANDUM
 DM-OSGOD-HNU No. 27s. 2026

2026 NUTRITION MONTH CELEBRATION

TO: Assistant Schools Division Superintendent
 Chief Education Supervisors (CID and SGOD)
 Public Schools District Supervisors
 Public Elementary School Heads
 All Others Concerned

- Attached is the Regional Memorandum No. 789, s. 2026, announcing the conduct of the 2026 Nutrition Month Celebration with the theme, **“Sa PPAN: Sama-sama sa Nutriyong Sapat Para sa Lahat!”** with the subtheme, **“Nutrisyon at Kalikasan, Ating Pangalagaan!”** emphasizing the strong connection between nutrition and environment protection, with a focus on climate action. This annual celebration is led by the National Nutrition Council (NNC) in coordination with national and local stakeholders. The celebration mobilizes multi-sectoral actions in addressing malnutrition, promoting food and nutrition security, and building healthier communities.
- In connection to the said celebration, this office calls all schools to actively participate in this nationwide celebration for the month of July pursuant to Presidential Decree No. 491, known as Nutrition Act of the Philippines and DepEd Order (DO) No.9, s. 2026, titled Guidelines on the implementation of the Three-Term School Calendar in Basic Education, in which Nutrition Month is recognized as one of the legislative activities and celebrations to be observed in schools, by implementing localized and innovative classroom-based discussions and learning activities from July 1-31, 2026, that align with the objectives and strategies as stated in the Regional Memorandum. Schools are likewise encouraged to maximize online and media platforms.
- Launching of the said activity will be conducted at **Amampacang Elementary School on July 3, 2026** after school hours, to be participated by the SGOD Chief, Division Health & Nutrition Personnel, identified learners, teaching and non-teaching personnel of the host school. Expenses incurred on the conduct of this activity shall be charged to School MOOE Funds and SBFP downloaded funds subject to accounting/ auditing rules and procedures.
- The conduct of Nutrition Month activities shall not hamper instructional time and must comply with DO No. 09, s. 2026.
- Hence, schools shall submit a narrative and pictorial report on the highlights of the Nutrition Month Celebration to School Health and Nutrition Section, **ATTN: Adrian Marie C. Nuevo**, Nurse II/ Focal person, on or before August 31, 2026.
- Immediate dissemination of and compliance with this Memorandum are earnestly desired.

for: 
MARGARITO A. CADAYONA JR. PhD, CESO VI
 Schools Division Superintendent
 S.O. # 275 2026



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Republic of the Philippines
Department of Education
REGION VIII - EASTERN VISAYAS

June 24, 2026

REGIONAL MEMORANDUM

No. **789** s. 2026

2026 NUTRITION MONTH CELEBRATION

To: Schools Division Superintendents
Assistant Schools Division Superintendents
Division SBFP Coordinators
School Heads, Public Elementary Schools
All Others Concerned

1. In support of the government's commitment to address hunger and malnutrition, this Office, through Education Support Services Division – School Health and Nutrition Unit (ESSD-SHNU), calls on all learners, teaching and non-teaching personnel, school officials, parents, and stakeholders to actively participate in the 2026 Nutrition Month Celebration this July. This is pursuant to Section 7 of Presidential Decree No. 491, known as the Nutrition Act of the Philippines, which mandates the observance of Nutrition Month every July to create greater awareness of the importance of good nutrition. Further, pursuant to DepEd Order (DO) No. 9, s. 2026, titled Guidelines on the Implementation of the Three-Term School Calendar in Basic Education, Nutrition Month is recognized as one of the legislative activities and celebrations to be observed in schools.

2. The annual celebration is led by the National Nutrition Council (NNC), the country's highest policymaking and coordinating body on nutrition. In coordination with national and local stakeholders, the celebration mobilizes multi-sectoral actions in addressing malnutrition, promoting food and nutrition security, and building healthier communities.

3. The 2026 Nutrition Month theme, "Sa PAPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat!" with the subtheme, "Nutrisyon at Kalikasan, Ating Pangalagaan!" emphasizes the strong connection between nutrition and environmental protection, with a focus on climate action. It recognizes that the health of people and the health of the planet are inseparable. Protecting forests, oceans, agricultural lands, and water resources helps secure sustainable food systems and ensures that present and future generations have access to nutritious diets. Climate change adversely affects food production, food supply chains, and the availability of nutritious foods due to rising temperatures, changing rainfall patterns, droughts, floods, and typhoons. These disruptions can increase the risk of hunger and malnutrition, particularly among vulnerable populations such as children and low-income families. At the same time, food systems contribute significantly to greenhouse gas emissions, underscoring the need for sustainable and climate-resilient approaches to food production and consumption.



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4. The campaign aims to:
- Raise awareness of the importance of nutrition in reducing all forms of malnutrition and hunger;
 - Promote understanding of the link between nutrition, food systems, and environmental conservation and sustainability;
 - Reinforce healthy diets and food security as pillars of the Philippine Plan of Action for Nutrition (PPAN) 2023–2028 and the Philippine Development Plan (PDP) 2023–2028;
 - Encourage sustainable food practices, reduction of food waste, and support for local and seasonal foods;
 - Promote inclusive, sustainable, and climate-resilient food systems; and
 - Mobilize support among government agencies, LGUs, NGOs, civil society, private sector, and communities.
5. The celebration must align with the Department's ongoing efforts to promote learner health, food and nutrition security, climate awareness, and sustainable school environments. Activities to be undertaken are expected to reflect a whole-of-school and whole-of-community approach, advancing nutrition and well-being as essential components of learner development.
6. All Schools Division Offices and schools are highly encouraged to actively participate in this nationwide celebration by implementing localized and innovative classroom-based discussions and learning activities from July 1-31, 2026, that align with the objectives and strategies outlined above. Schools are likewise encouraged to maximize online and media platforms, including but not limited to the following:
- Conducting classroom discussions during homeroom, science, health, TLE, Araling Panlipunan, and related learning areas on the following topics:
 - Importance of proper nutrition, healthy diets, and food security;
 - Relationship between nutrition, environmental conservation, climate change, and sustainable foods; and
 - Benefits of consuming local, seasonal, and climate-resilient foods.
 - Organizing teacher-led discussions and learner presentations on the Gulayan sa Paaralan Program (GPP) and the role of school and home gardening in promoting nutrition and sustainable living practices among learners and the community;
 - Holding classroom-based poster interpretation, slogan analysis, essay discussions, and digital presentation activities focused on nutrition and environmental stewardship;
 - Facilitating small-group discussions, debates, and case studies on climate-smart agriculture, food sustainability, and community nutrition initiatives;
 - Conducting classroom quiz activities and learning games focusing on nutrition, food systems, environmental protection, and sustainable living practices;
 - Encouraging learners to share personal and family practices that promote healthy eating habits and environmental responsibility through reflection and discussion sessions; and
 - Integrating Nutrition Month themes into project-based learning, research discussions, and collaborative classroom activities that promote learner participation and critical thinking.

7. The conduct of Nutrition Month activities shall not hamper instructional time and must comply with DO No. 09, s. 2026.
8. Materials related to the celebration may be accessed through the official website of the National Nutrition Council at www.nnc.gov.ph. Additional resources are accessible at <https://tinyurl.com/2026NutritionMonthCollaterals>.
9. Schools Division Offices and schools are requested to submit relevant documents and highlights of their division-wide or school-wide Nutrition Month celebrations via <https://tinyurl.com/2026NutritionMonthReports> on or before September 5, 2026.
10. Immediate dissemination of and compliance with this Memorandum are desired.


SALUSTIANO T. JIMENEZ JD, EdD, CESO III
Regional Director 

Enclosures: None
References: None

To be indicated in the Perpetual Index under the following subjects:

MONITORING

NEGOTIATED PROCUREMENT

SBFP

ESSD-SHNU-ALSL

